Concise Health Information for you and your Patient – Cardiovascular Disease to Supplements

SPEAKER

James Lichon
RPh, DDS, NCCM

Pharmacist, Dentist,
National Certification in
Cholesterol Management

Dr. Lichon lectures nationally. He has degrees in pharmacy and dentistry, and a national certification in cholesterol management. He is a member of the American Dental Association, Michigan Dental Association, International Atherosclerosis Society, National Lipid Association, American Pharmacist Association, and the American Heart Association. Dr. Lichon was in private practice and the past director of the Cholesterol Clinic at the VA Hospital. He is a heart attack and open-heart surgery survivor who is passionate about helping people live healthier lives. Dr. Lichon is also a published author, certified spinning instructor, and master gardener.

COURSE OBJECTIVES

- Review of coronary artery disease, peripheral vascular disease and stroke
- Treating patients who have stents or have had open heart surgery
- Understanding sudden cardiac death in children and adults
- Understanding the hearts of women: Heart disease is the leading killer of women of all ages
- Understanding the immune/inflammatory system and it’s connection to periodontal disease, Sjogren’s syndrome, lichen planus, hypothyroidism, Celiac disease and how they manifest themselves orally
- Understanding how cholesterol can cause heart attacks at an early age and premature death
- Prescribing the preferred antibiotics and narcotics
- What are the contraindications and side effects?
- Understanding the new findings on aspirin, ibuprofen, and Tylenol as related to dentistry
- Multiple vitamins, Calcium and osteoporosis, Omega 3, Vitamin B12, Vitamin D as related to dentistry and the pitfalls and safety of supplements
- The effects of nutrition and physical activity on cardiovascular disease and cancer
- Work with less stress and live healthier with proper nutrition and fitness, optimizing your own personal health

COURSE OVERVIEW

In spite of impressive technological advances in the field of medicine, heart disease remains the leading cause of death in the United States. In our dental offices we are seeing more and more patients with heart disease. Greater than 1 in 3 of our adult patients have one or more types of heart disease and it is the most common medical condition that dental professionals confront. Through a concise and understandable review of cardiovascular disease, supplements and more, you can make immediate powerful and practical practice changes that will improve your life and the life of your patient.

REGISTRATION

Homecoming CE Lecture
October 9, 2015

Location
School of Dentistry

Fee
Dentist........................................$175
Auxiliary..........................$90

Times
Registration: 8:00 a.m.
Course: 8:30 a.m. - 3:30 p.m.

Credits
The University of Michigan designates this activity for 6 continuing education credits

This course fulfills the State of Michigan licensure requirement for pain and symptom management education.

Register online at: www.dent.umich.edu/cde
If you have questions regarding this course, please call Karel Barton at 734.763.5070

HOMECOMING WEEKEND REUNION ACTIVITIES

For questions regarding UM School of Dentistry Reunion Activities please contact: Gretchen Yankle at 734-615-2870 or by email at yankleg@umich.edu

ADA CERP® Continuing Education Recognition Program

The University of Michigan is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it accept acceptance of credit hours by boards of dentistry.

Refund Policy: A full refund will be granted if cancellation is received two weeks prior to the start of the course. Refunds cannot be given for cancellations received once the course has started.

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